



### On-site Services

Performance Ergonomics specializes in helping companies reduce work-related musculoskeletal disorders (WRMSDs) by matching the demands of the job to the physical capabilities of the worker. We find the fit between the work environment and human performance.

We offer a full spectrum of injury risk management solutions.

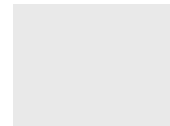
#### Services offered include:

- Prior-to-hire functional assessments
- Injury prevention programs
- Essential job function identification
- Ergonomic analysis
- Job demand analysis
- Functional capacity evaluation (FCE)
- Customized training
- Return-to-work programs
- Functional job descriptions

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Industrial Ergonomic Services





# PERFORMANCE Ergonomics

## Job Demand Analysis

A job demand analysis is the first step in both developing a functional job description and in identifying its essential components. It can be useful to pinpoint the physical job demands precisely. It may also be required to objectively measure workplace risk factors to assist with return-to-work programs and to develop valid pre-employment testing programs.

Analysis includes detailed, on-site, objective measurement of workplace factors.

- We identify essential job functions for ADA compliance.
- We help you write functional job descriptions.
- We develop post-offer, pre-placement testing.
- We determine physical job demands and requirements.
- We design a questionnaire to determine baseline discomfort levels, which identifies those most likely to suffer an injury.

## Ergonomics

Optimal ergonomics allows for work to be done without causing undue stress on the body. Evaluations include detailed, on-site, objective measurement of workplace factors.

- We use standardized methods of ergonomic evaluation to determine risk for injury.
- We provide a comprehensive report to identify potential risk factors.
- We make prioritized recommendations that target work techniques and effective use of proper equipment.

## Functional Capacity Evaluation

A functional capacity evaluation (FCE) determines what type and how much work a person can safely perform. The results are used to determine safe working levels for the purpose of job placement, injury prevention and effective return-to-work management.

## KEY Method

The system we use is KEY Functional Assessments, Inc. The KEY method offers several types of assessments to meet your needs.

- Prior-to-hire functional assessments
- Return-to-work readiness
- Work performance capacity
- Fitness-for-duty evaluation

